



10 Ways You Can Help to Protect Our Blue Planet



Make Sure Your money isn't supporting pollution

- Choose an ethical super fund – Market Forces guide
- Switch to an ethical bank – Bank Australia is worth a look
- Donate to an grassroots charity or run a fundraiser
- Ask your employer to support a workplace giving program



Choose Green Power

- Choose a green electricity provider – Greenpeace Guide
- Get Solar Panels
- Ditch Gas
- Ask your employer to purchase green energy or get solar panels



Support Healthy Food Systems

- Volunteer at a Community Garden
- Grow your own food and compost your waste
- Avoid consuming industrially farmed animals
- Refer to the Sustainable Seafood Guide



Use Sustainable Transport

- Switch to an electric car, ride your bike, carpool, take the train, reduce flights, join a car share network
- Lobby leaders for better public transport options
- Ask your employer to switch their fleet to electric
- Buy locally produced goods



Participate in our Democracy

- Vote for Politicians that care about the ocean and the climate
- Write to your local member of parliament or council
- Attend Rallies for causes you believe in
- Sign petitions to stop exploitation of the land and ocean



Donate Reusable Items

- Give old things away on local FB groups (e.g Surf Coast Free Stuff)
- OutPost- toiletries, sleeping bags, blankets, warm clothes, books
- Geelong Mums- listed on their website
- Towels - GAWS, Wildlife rescues, local vets
- Mugs- Ocean Grind or Feast Geelong mug libraries
- Lazarus Community Centre & Op shops



Drop Off Recyclable Items

- Sheridan stores- towels, quilt covers and sheets
- Rebel - shoes
- 3216 Connect - old clothes
- Officeworks - e-waste, printer cartridges, batteries, mobiles, pens
- Geelong Resource Recovery Centre- batteries, e-waste, polystyrene
- Terracycle
- PonyUp - e-waste collection, recycling and safe disposal service
- UPPAREL textile recycle collection for a fee
- Soy sauce fish can be recycled if in a tub



Join Challenges or Events

- Sea Shepherd Beach Clean-up events
- Surfers For Climate Trivia Nights
- Plastic Free July
- Meat Free Monday



Respect the Ocean

- Eco surf wax brands: Sunbutter & Greengrip
- Reef safe sunscreen brand: Sunbutter
- Ocean Hair ties and Hair care products: Eco Ocean Hair
- Take old wetsuits to Ripcurl



Help Build the Movement

- Join a local community group – Surf Coast Directory
- Australian Marine Conservation Society – Stop Ocean Plastic Pollution
- Greenpeace – Stop new gas drilling off WA's precious coastline
- Wilderness Society – World Heritage for the Great Australian Bight
- Surfrider – Save Southern Sea Country from gas expansion
- Bob Brown Foundation – Get Toxic Salmon Farms out of Tassie's bays
- Take 3 for the Sea – Reduce Ocean Plastics Locally